

# CLOSE T<sup>o</sup> HOME



## The Field Regina Northrop Neighborhood Group Newsletter

August-September 2010

### New Community Safety Grant Program in FRN

**T**he Community and Safety Committee of the Field Regina Northrop Neighborhood Group is making funding available to residents and businesses of the neighborhood for crime prevention, crime mitigation and traffic safety. The Safe Neighborhoods Grant Program is intended to provide small grants for projects that will make our community more friendly, peaceful, safe, and livable. By establishing a pool of funds for small community-initiated projects, neighbors can work with each other and the Neighborhood Group to quickly and creatively prevent or address community concerns. Project proposals will be reviewed and funding decisions made by a committee of neighborhood representatives. Our goal is to make neighborhood dollars work quickly and directly for neighbors so as to create a safe and connected community.

Project proposals will be accepted on an ongoing basis and will be reviewed monthly until funds are committed. Projects will be funded on a first-come first-served basis. Grants are limited to maximum of

\$1,000 for a block project which must include both sides of your street or both sides of your alley and \$3,000 for a community project which serves a broad spectrum of the neighborhood. Examples of block projects include providing traffic signage, installing speed humps/bumps, or installing lighting or motion detectors. Community projects could include things like safety improvements on public property, neighborhood-wide graffiti clean-up, crime prevention activities, or increased police patrols.

For more information or an application, please contact Kim McCoy, Chair of the Community and Safety Committee, at [kimmccoy69@msn.com](mailto:kimmccoy69@msn.com) or through the FRNNG office, 721-5424.

### Welcome A-Board!

The Field Regina Northrop Neighborhood Group held its Annual Meeting and Elections on April 29th at the McRae Recreation Center. The evening included appearances by Elizabeth Glidden, 8th Ward City Council Person; Anne Kegley, McRae Park Executive Director; Bob Miller, Executive Director for NRP and Peter McLaughlin, Hennepin County Commissioner. FRNNG presented awards to Mike's Corner Store and Adrian's Tavern in appreciation for their service to the neighborhood. There were also elections held for various open positions on the FRNNG board. Elected board members were Ted Moe, Greening Committee Chair; Senem Drewes, Program Chair; Jessie Hill, Field Neighborhood Rep; Jeri Elsner, North Northrop Neighborhood Rep; Sue Redepenning, South Northrop Neighborhood Rep and Allison Hall, Regina Neighborhood Rep.



Visit us online at [www.frnng.org](http://www.frnng.org)

## FRNNG Meeting Information

### Full Board

• 3rd Wednesday of each month at 6:30 pm, Lake Nokomis Presbyterian Church (LNPC), 17th Ave. and 46th St. The full board does not meet in Dec.

### Business Committee

• 2nd Tuesday of each month at 7 pm, The New Congregation UMC (formerly Asbury UMC), 4501 Bloomington Ave.

Contact: Cory Hample at [chample00@gmail.com](mailto:chample00@gmail.com)

### Community and Safety Committee:

• 4th Tuesday of each month at 7 pm, McRae Park Rec Center

Contact: Kim McCoy at [kmmccoy69@msn.com](mailto:kmmccoy69@msn.com)

### Housing Committee

• 1st Monday of each month at 6:30 pm, LNPC

Contact: Shannon Guernsey at [scguernsey@yahoo.com](mailto:scguernsey@yahoo.com)

### Education Committee

• 2nd Thursday of each month at 6:30 pm, LNPC

Contact: Tom Arneson at [tomarneson@msn.com](mailto:tomarneson@msn.com)

### Parks Committee

• 3rd Thursday of each month at 6 pm, Sister Sludge, 46th St. and Bloomington Ave.

Contact: Sandra Smith at 822-1227

### Greening Committee

• 2nd Tuesday of each month at 6:30 pm at Turtle Bread

Restaurant, 48th and Chicago  
Contact: Gina Di Maggio or Tony Pavelko, [thegreeningcommittee@gmail.com](mailto:thegreeningcommittee@gmail.com)

### Communications Committee

• 2nd Wednesday of each month at 6 pm, LNPC

Contact: Kirk Anderson at [kirkanderson48@gmail.com](mailto:kirkanderson48@gmail.com)

Meeting times may change due to weather, holidays or personal reasons. Please confirm with the contacts listed above.

## 8th Ward News

by Council Member  
Elizabeth Glidden

Dear Friends and Neighbors – Thank you for this opportunity to provide news on city issues in Minneapolis.

We want you back! Minneapolis Public Schools and the Youth Coordinating Board have joined forces to raise public awareness about the dropout crisis and graduation gap in Minneapolis and enlist the entire community's help to resolve it. **We Want You Back** invites un-enrolled young people to come back to school, complete their credits and get their diploma.

MPS estimates that up to 1,900 young people dropped out of school between 2008 and 2010. Some of these former students are very close to earning their diploma, lacking only a few credits or a passing grade on one of the state's tests.

How You Can Help: The **We Want You Back** campaign is looking for volunteers at events throughout the summer to help reach young people who did not finish school. On Saturday, Sept. 11 join hundreds of your neighbors in a city-wide effort to invite youth and their families back to school and on a path to graduation. To volunteer or get more information go to

[www.wewantyoubackmpls.org](http://www.wewantyoubackmpls.org).

Help re-build our tree canopy. This spring, the Minneapolis Park Board planted over 400 trees in

boulevards to replace about 250 boulevard trees lost during last year's tornado. Due to the advance of Emerald Ash Borer and its threat to our tree canopy, the Park Board and the City also encourage residents to request boulevard trees from the Park Board or plant trees on your private property.

If you have a new boulevard tree, please consider ordering a FREE gator bag from the Park Board. A gator bag zips around the base of the tree. You stick your hose in and fill it up — the bag then self-waters the tree with just the right amount of water. When the bag is empty you refill (about once per week).

To order a FREE tree watering gator bag, call the Minneapolis Park Board at 313-7710. According to the Park Board, these watering bags are excellent ways to ensure young (up to 5 yr. old) trees remain healthy. Please pass this information on to your neighbors!

I am always available to answer your questions at 673-2208 and would enjoy meeting with you during my Community Office Hours, 9-11 am every Monday morning at Sabathani Community Center, 310 E. 38th St., outside Rm 129. If you would like to receive the 8th Ward Monthly E-News, please send me an e-mail at [Elizabeth.glidden@ci.minneapolis.mn.us](mailto:Elizabeth.glidden@ci.minneapolis.mn.us).



## Calling All FRNNG Businesses!

This includes storefront, home-based, entrepreneurs, and small business owners. We are in the process of updating the business roster for the entire FRNNG neighborhood to come out and support your business. Now what better way to let our neighborhood know what your business is all about.

To have your business updated in the roster, please send your business information to: Karen Young, [klyoung99@hotmail.com](mailto:klyoung99@hotmail.com) containing the following:

Business name  
Address  
Owner(s) name  
Phone  
E-mail address  
Website

The roster will be updated bi-annually.

## On the Corner 48th and Chicago



### Spruce Comes to the Corner

There is a new face and business on the corner of 48th and Chicago. Stop in and see Amy at Spruce. Spruce is a full-service florist, with delivery available throughout the Twin Cities Metro area.

Right from their website, [www.sprucemn.com](http://www.sprucemn.com), "Spruce is dedicated to bringing a wide selection of all

things beautiful. Spruce has a large walk-in cooler full of different varieties of exceptional flowers, ready for the picking.



Indoor blooming plants are delivered directly from Plymouth, MN. These Minnesota grown gems are vibrant and hardy. Houseplants, succulents and orchids are also abundant.

Spruce also carries a neatly curated assortment of home accessories such as candles from Tocca and Nest, vases, pottery, and baskets, design books, art, and more."

## National Night Out

August 3rd marked the 27th Annual National Night Out



(NNO.) In Minneapolis NNO is an annual event on the first Tuesday of August that involves all segments of the community in building a healthier, safer community. NNO generates support for anti-crime programs and strengthens police/community relations.

National Night Out is not just one night of the year, but the culmination of

year-long crime prevention activity in all Minneapolis neighborhoods: people working together in block and apartment clubs and other networks to prevent and address crime and other neighborhood problems. It is an occasion to celebrate past successes, discuss current challenges or issues, and re-dedicate to collaborative efforts with neighbors, police, businesses and others to improve the quality of life in our city. NNO is the largest event of its kind in Minneapolis and the nation.

National Night Out is sponsored by the Minneapolis Police Department. For more information visit [www.minneapolis.mn.us/nno](http://www.minneapolis.mn.us/nno).

## News from Cedar Avenue United



Representatives from Cedar Ave United met with Minneapolis and Hennepin County traffic planners on Thursday, July 22nd to discuss safety and livability issues on Cedar Ave between 46th and 42nd streets. CAU, Minneapolis and Hennepin County plan to meet at least two more times to identify, measure,

analyze and combat hazards faced by pedestrians, cyclists and drivers on the four block stretch of Cedar. Issues like high speed, dangerous driving practices, lack of crosswalks, limited access to transit stops, limited access to recreational areas, failure to yield to pedestrians and environmental degradation topped the discussion list.

If you have questions about the work that Cedar Ave United is doing please e-mail [cedartraffic@gmail.com](mailto:cedartraffic@gmail.com). CAU can also be found on the web at: [www.cedaraveunited.org](http://www.cedaraveunited.org) and on Facebook by searching 'Cedar Ave

## Keep Our Neighborhoods and Children Safe

by Councilmember John Quincy

As summer begins, so does Burglary season. The great majority of burglaries occur in unsecured cars, garages, and homes. To help keep yourself and your property safe, please keep these tips in mind.

- Lock your doors on your home. Keep your doors (including the garage) even when you are mowing the lawn, barbecuing, etc.
- If you have an alarm system, use it.
- Once it's warm again and windows are open, pin your windows to prevent unwanted people from entering your home.

- Be aware of strangers at your door. A common tactic is for someone to occupy you at the front door, while their partner enters your home from the rear. For this reason, keep your valuables in a secure place in the home and lock your front door even if you are in the back yard doing yard work..

- Don't store vehicle keys on hooks or in a drawer by the back door or garage service entrance. Break-ins to homes with this method of key storage frequently experience the loss of a vehicle or two in addition to the burglary of the home.

- Lock your garage, both the overhead door and the service door.

*continued on page 4*

United'. CAU also meets the first Wednesday of each month at Sibley Park Community Center. See website or Facebook for updates and events.

## Children Safe... *from page 3*

Deadbolt locks are preferable to simple spring type locks that are standard on most door knobs.

- Take your valuables with you when you leave your car; items like wallets, purses, cell phones, ipods, laptop computers, GPS units, are too attractive for thieves, especially when in view from outside the car. Invest in GPS technology for computers and cell phones. If stolen they are fairly easily found within a short time. It allows us to capture and prosecute the offender at an earlier point in time.

- Many thefts from motor vehicle cases involve the use of your credit cards within the hour, or your identifying information is stolen for use in larger frauds. Protect your personal information.

- If storing valuables in your car, stow them prior to arriving at your final destination. If you drive to the lakes or park for a walk, do not store valuables in the car at all. Thieves have been monitoring the lakes and wait for you to leave. They know you will be gone for some time, so they have a lot of time to enter your car and find your valuables, even if you hid them prior to arrival. They know all the hiding spots too.

- Remove your garage door opener(s). These are the key to your garage and in the cases of attached garages are frequently the way into your home.

Earlier this spring, an attempted kidnapping of 11-year-old girl occurred near 56th Street and Dupont Avenue. We are all extremely thankful that this girl responded the way she did and want to use this space to recognize her bravery and remind the rest of us what we, as parents and a community, can do to help keep children safe.

- Teach your address and phone number, including the area code, as well as, how to use the telephone to call home and 911.

- Keep an updated file on your child, including a photograph and physical description. If your child is younger

than two update the information at least four times each year.

- Pay attention to the clothing your child is wearing and never display his/her name on clothes or books.

- Make sure your child knows that if you become separated in a public place he/she should immediately find a facility employee and not attempt to search for you.

- Select a secret code word that only you and your child know. Tell your child never to go with anyone who does not know this code.

- Leave instructions with your child's school to notify you immediately if he/she is absent and provide them with written information on which people are authorized to pick your child up.

- Educate children on the many tactics used by abductors. Teach them to immediately leave the area if a stranger is present. If your child is grabbed, instruct him/her to yell "fire" or "stranger." People are more likely to respond to those shouts than to cries of "help."

- Survey the recreation and school routes children use. Point out any dangerous areas such as vacant lots, alleyways, and busy streets. Teach your child what to do should he/she be followed.

- Join or organize a "safe home" program with your neighbors to establish secure homes where children can go for help.

## Senior Helpline

### Nokomis Healthy Senior Health Programs— Summer/Fall 2010

#### August

Summer vacation. We do not schedule programs during August. Please enjoy the summer. We look forward to seeing you in September!

#### September

September 29, 1:30 pm

Fall Prevention/Home Safety Checks  
John Sanchez, Physical Therapist

Meetings are held at Faith Lutheran Church, 3430 E. 51st St.

### Low Vision Support Group Now at Bethel

Nokomis Healthy Seniors hosts a Low Vision Support Group each month for people with limited vision. It now meets on the second Thursday of each month at 10 am at Bethel Evangelical Lutheran Church, 4120 17th Ave. Julie Rindelaub from Vision Loss Resources facilitates the group.

Vision Loss Resources is a wonderful resource for people facing changes in their vision. The staff visit the home of a senior experiencing vision changes, do an assessment, make recommendations and arrange for the necessary equipment to create a safer and better functioning home environment.

Coffee and treats are served during the support group. This group has met for several years and has recently relocated to Bethel church. We are proud to continue this successful collaboration between Nokomis Healthy Seniors and Vision Loss Resources.

### Nurse Is In

Every Thursday morning from 9 am to noon at Bethel Evangelical Lutheran Church, 4120 17th Ave.

Get your blood pressure checked, consult with a nurse or schedule a pedicure. You can also just stop in to chat over a cup of coffee and baked goods. The clinic is free, but there is a \$28 charge for a pedicure.

*The following article was from an earlier issue of Close to Home*

### The Heat is On!

Now that the dog days of summer are upon us in all their sultry splendor, Nokomis Healthy Seniors would like to remind seniors and their family and friends of the need for caution when the temperatures start to climb. Elderly people (that is, people aged 65 years and older) are more prone to heat stress than younger people for several reasons:

Elderly people do not adjust as well as young people to sudden changes in temperature.

They are more likely to have a chronic medical condition that upsets normal body responses to heat.

They are more likely to take prescription medicines that impair the body's ability to regulate its temperature or that inhibit perspiration.

#### **What Are Heat-Related Illnesses?**

Heat Stroke is the most serious heat-related illness. It occurs when the body becomes unable to control its temperature: the body temperature rises rapidly, the body loses its ability to sweat, and it is unable to cool down. Body temperatures rise to 106° F or higher within 10 to 15 minutes. Heat stroke can cause death or permanent disability if emergency treatment is not provided.

#### **Signs and Symptoms of Heat Stroke**

Warning signs vary but may include the following:

- An extremely high body temperature (above 103° F)
- Red, hot and dry skin (no sweating)
- Rapid, strong heart beat
- Throbbing headache
- Dizziness
- Nausea

Heat Exhaustion is a milder form of a heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced replacement of fluids.

#### **Signs and Symptoms of Heat Exhaustion**

Warning signs vary but may include the following:

- Heavy sweating
- Paleness
- Muscle cramps
- Tiredness
- Weakness
- Dizziness
- Headache
- Nausea or vomiting
- Fainting
- Skin may be cool and moist
- Heart beat is fast and weak
- Breathing is fast and shallow

#### **What You Can Do to Protect Yourself**

You can follow these prevention tips to protect yourself from heat-related stress:

## **Get Us Online!**

We are looking for ways to cut cost and reduce waste – please help us by registering to receive *Close to Home* electronically. Visit [www.frnng.org](http://www.frnng.org) and look for the link to register. You can also register to receive other communications via email as well. Your email address will be used for FRNNG in only the way you intend and you may unsubscribe at any time.

Thank you for supporting us in this effort.



- Drink cool, non-alcoholic, non-caf-feinated beverages. Avoid very cold liquids as they can cause stomach cramps. If your doctor generally limits the amount of fluid you drink or has prescribed water pills for you, ask him/her how much you should drink when the weather is hot.

- Rest.
- Take a cool shower, bath or sponge bath.
- If possible, seek an air-conditioned environment. If you do not have air-conditioning at home, consider visiting a library or shopping mall to cool off for awhile.

- Wear lightweight clothing.
- If possible, remain indoors during the heat of the day.
- Do not engage in strenuous activities.

#### **What You Can Do to Help Protect Elderly Relatives and Neighbors**

- If you have elderly relatives and friends you can help them protect themselves from heat-related stress:

- Visit older adults at risk at least twice a day and watch them for signs of heat exhaustion or heat stroke.

- Take them to air-conditioned locations if they have transportation needs.

- Make sure older adults have access to an electric fan whenever possible.

#### **What You Can Do for Someone with Heat Stress**

- If you see any signs of severe heat stress, you may be dealing with a life-threatening emergency. Have someone call for immediate medical assistance while you begin cooling the affected person. Do the following:

- Get the person to a shady area.
- Cool the person rapidly using whatever methods you can. For example, place the person in a tub of cool water or in a cool shower, spray them with cool water from the garden hose, sponge them with cool water, or if the humidity is low, wrap the person in a cool, wet sheet and fan him or her vigorously.

- Monitor the body temperature and continue cooling efforts until the body temperature drops to 101°-102° F.

- Do not give the person alcohol to drink.

- If emergency medical personnel are delayed, call the hospital emergency room for further instructions. Get medical assistance as soon as possible.

For more information visit [www.bt.cdc.gov/disasters/extremeheat](http://www.bt.cdc.gov/disasters/extremeheat), or call the CDC public response hotline at 888-246-2675 (English), 888-246-2857 (Español), or 866-874-2646 (TTY).

Source: *Fact Sheet-Heat Stress in the Elderly*, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention

# McRae Park Schedule

906 East 47th Street

*The following is a sampler of events. The complete summer/fall schedule is available at McRae Park or online at the address below. You can register for programs at the address listed. Contact the park for more information.*

[www.minneapolisparcs.org](http://www.minneapolisparcs.org)

370-4909 (voice) 824-4170 (fax)

## Preschool/Kindergarten

### Flag Football Clinic

Come learn the basic sport skills and develop hand-eye coordination through fun and imaginative games. Get to know the flag football game in a non-competitive and very fun environment! Adults are encouraged to be an active part of each session. This program is coordinated by John Richardson and run by Revolutionary Sports staff.  
Tu 7/6/-8/24/2010  
5:30-6:15 pm  
Ages 4-5  
Fee: \$36

### Summer Ballet: Thursdays 6:15 pm

McRae Park Ballet is back! We have a wonderful new teacher "Miss K" who is full of great energy, big smiles and creative new ideas to bring ballet into your child's day. Kids will learn all the basic ballet steps and moves to the sounds of global music. They will also be introduced to how rhythm, storytelling and dance are all interconnected. This is sure to inspire the ballerina in everyone! Space is limited so sign up today! This is a 6 week program.  
Th 7/15-8/19/2010  
6:15-7:15 pm  
Ages 3-5  
Fee: \$50

## Children

### Jammin' Gymnastics: 6-10 yrs. old

Do you love to do somersaults and cart wheels? Then join your friends at McRae's new Jammin' Gymnastics class! Your instructor Ms. Kim will help you refine your current gymnastics skills and teach you tuck and pike jumps, effective stretching and some dance move all to the latest cool music! This class will fill up so register today.  
Mo 6/14-8/23/2010  
6:30-7:30 pm  
Ages 6-10  
Fee: \$45

### Mighty Stars Soccer

Mightynhance basic skills. Participants will have the opportunity to play in games and learn the values of sportsmanship and teamwork while having FUN in a semi-competitive environment. This program is coordinated by John Richardson and run by Revolutionary Sports staff.  
We 7/7-8/25/2010  
6:30 -7:30 pm  
Ages 6-8  
Fee: \$55

## Children/Teens

### Cheerleading Clinic

Grab your friends and sign up for this high spirited cheerleading clinic today. Coach Samia will lead and train you in all the newest cheers and a few of the old school ones too! This clinic runs for 4 weeks during the month of August to prep cheerleaders for the football season. If you have energy and a positive attitude then the Green Machine Cheerleading Clinic is for you!!  
Mo We Fr 8/2/2010-8/27/2010  
5-7 pm  
Ages 8-14  
Fee: \$25

## Youth Sports

### 11 U- Soccer

This is soccer open to kids between 9-11 years old. Registration is taken at McRae Park only and it will begin on

April 17. Age verification must be shown to register. Volunteer coaches are needed!

Tu Th 8/17-10/23/2010

6:30-8 pm

Ages: Ages 9-11

Fee: \$40

### Flag Football

McRae's Flag Football program is open to all kids between 6-8 years old. Registration will be taken at McRae Park and at [www.marcsports.org](http://www.marcsports.org) and registration will begin on April 17th.  
Wed Sat 8/18-10/23/2010  
6:30-7:30 pm  
Ages 6-8  
Fee: \$30

## Adult

### Adult Open Roller Hockey

Every Wednesday night you can join in with the group of adults who strap on the blades (Rollerblades that is) and hit the pavement! McRae's permanent rink is the perfect place for adults to play hockey, get some exercise, and meet new people! Rink rental cost: \$25.00 per hour per use. Please make arrangements with the park director.  
We 4/7-9/8/2010  
6:15- 8 pm  
Ages 18-99  
Fee: \$0

## Seniors

### Steamboat Trip on Lake Minnetonka

Come join us as we take a one hour cruise on the historic Minnehaha Steamboat! The Minnehaha Steamboat operates with a very quiet, almost odorless 2 ton triple expansion steam engine. WOW! Lunch will be on your own at the Bay View Grill overlooking beautiful Lake Minnetonka. Space is limited to 30 people so sign up early! Please register at Matthews Park, 370-4950  
Sa 8/14-8/14/2010  
11 am-5 pm  
Ages 55-100  
Fee: \$17

## Community

### M.A.R.C.

MARC is the "McRae Area Recreation Council" and it is a parent/community member volunteer council that sponsors athletic programming and special events at McRae Park. We are looking for volunteers to help with the sports teams and special events. Please consider getting involved with your park and your community...the benefits are endless!

Mo 1/1-12/31/2010

7- 8 pm

Ages 21-100

Fee: \$0

### Field Trips

#### Trip- Cascade Bay

Is the heat of August really making you sweat? Nothing but cool water will make you feel better? Come on with us to Cascade Bay! This water park has life-guards and playground equipment to help take that hot edge off. Concessions are available remember to bring lunches and sunscreen.

Fr 8/13-8/13/2010

11 am- 3 pm

Ages 6-12

Fee: \$16

Anne Kegley, Director

[akegley@minneapolisparcs.org](mailto:akegley@minneapolisparcs.org)

906 E. 47th St.

Mpls, MN 55407

370-4909 (voice) 824-4170 (fax)

[www.minneapolisparcs.org](http://www.minneapolisparcs.org)



## Thanks to our Supporters!

*Close to Home* would like to thank the following local businesses and organizations in our community for their generous financial contributions to the production and mailing of this newsletter. Now we are asking you to support not only this publication, but also all of our other activities. Anything that you can give will be very much appreciated and put to good use. Also, since we are a "501(c)3" organization, any donations are deductible to the full extent of the law. If you would like more information on how your organization or business can become a supporter, please call the FRNNG office. **We also encourage residents to support these local businesses so that they can continue to be a strong and vital sector of our community.**

#### Partner Level- \$100-\$199

St. Joan of Arc Church  
4537 3rd Ave., 823-8205

#### Donor Level- \$200-\$599

Ba-Gu Sushi  
48th and Chicago, 823-5254

Minnehaha Animal Hospital  
48th and Chicago, 825-4427

#### Patron Level- \$600 or better

Dick's Metropolitan Carpet  
48th and Chicago, 827-5646

South Chicago Avenue Business  
Alliance (SCABA)

### Support the Field Regina Northrop Neighborhood Group

Help keep FRNNG working for you by sending in a donation of \$15 or more. Combined with the business and church donations, your gift supports *Close to Home* and other activities of the organization. Please keep them coming! FRNNG is a 501.3c organization and all gifts are tax deductible to the full extent of the law.

#### FRNNG

#### VOLUNTARY DONATION

\$15    \$25    \$50    Other

Name \_\_\_\_\_

Address \_\_\_\_\_

# CLOSE T<sup>o</sup> HOME

Close To Home is the official publication of the Field Regina Northrop Neighborhood Group, Inc., and is published six times per year by the FRNNG Communications Committee.

Editor: Linda Rost  
Layout: John Vasiliou  
Webmaster: Mike Mackey

Contributors:  
Councilmember Elizabeth Glidden, Mike Kmiecik, Kim McCoy, Will Peterson, Councilmember John Quincy, Sandra Smith, Karen Young

Articles, photos, and announcements of interest to the FRN Community are welcome.  
Call 721-5424 or Fax 721-4539  
E-mail: frnng@mtn.org

Copy deadline for the next issue is September 3

1620 E. 46th St. Mpls, MN 55407 721-5424

## The Field Regina Northrop Neighborhood Group, Inc.

Established in 1965

1620 East 46th Street  
Minneapolis, MN 55407  
FRN Info Line 721-5424  
Fax: 721-4539

E-mail: frnng@mtn.org  
Program Manager: Open

### 2010-2011 FRNNG Board

\*Executive Committee Officers

\*President: Stearline Rucker

\*1st V.P.: Wade Warner

\*2nd V.P.: Sandra Smith

\*Treasurer: Herb Gysler

\*Secretary: Shelley Nystrom

\*Field Neighborhood Rep: Jesse Hill

\*Regina Neighborhood Rep: Allison Hall

\*Northrop No. Neighborhood Rep: Jeri Elsner

\*Northrop So. Neighborhood Rep: Sue Redepenning

Business: Open

Communications: Kirk Anderson

Community and Safety: Kim McCoy

Education: Tom Arneson

Greening: Ted Moe

Housing: Shannon Guernsey

Parks: Kirk Frauenheim

Programs: Senem Drewes

### Useful Phone Numbers

8th Ward Council Elizabeth Glidden 673-2208

11th Ward Council John Quincy 673-2211

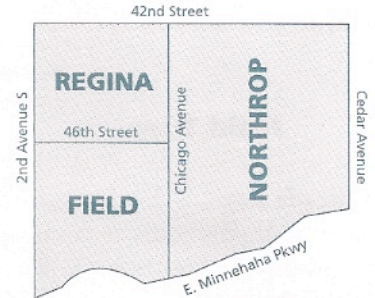
Sue Roethele CCP/SAFE 673-2839

Housing Inspector 673-5858

Senior Helpline 729-5499

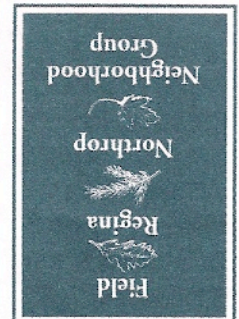
McRae Park 370-4909

Airport Noise Complaints 726-9411



FIELD REGINA NORTHROP NEIGHBOR  
4828 12TH AVE S  
MINNEAPOLIS, MN 55417-1109

1620 East 46th Street  
Minneapolis, MN 55407



Minimum 20% post-consumer content

110 p1

Non-Profit Org.  
U.S. POSTAGE  
PAID  
MPLS, MN  
PERMIT #1347

The Field Regina Northrop Neighborhood Group Newsletter

Community Safety Grant Program in FRN .....p.1  
8th Ward News .....p.2  
National Night Out .....p.3