

CLOSE TO HOME



The Field Regina Northrop Neighborhood Group Newsletter

August-September 2011

Summer Heats Up on 48th and Chicago

by Rayne Krebsbach

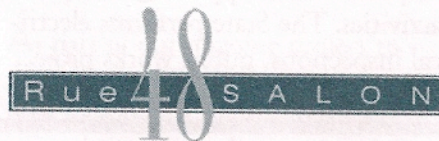
Summer is here so why not get out and enjoy it? In August and September there are several events to look forward to on 48th and Chicago and it starts with Adrian's Rib Feast on Saturday, August 13th. From 11 am until the whopping 1,100 pounds of ribs are gone you can sample the cooking prowess of the four competitors in this year's event. The cost is \$11 per plate which buys you two pieces of rib from each team, but be sure to get there before they're gone!

Saturday, September 10th brings the annual Fall Festival featuring music by Jacob's Well and jazz by Captain Wizard and the Dinosaur Band. It's a way for local businesses to say 'thank you' to the community for all its support. There will be Taiko drummers, demonstrations and retail store sales galore, as well as plenty of activities for the kids— face painting and more. Be sure to check out



www.48Chicago.org for more details as event day nears.

Finally on Thursday, September 22nd Rue 48 Salon is teaming up with SAVE to raise awareness for suicide prevention. The event will feature a local artist showing, accessory boutique as well as a silent auction with lots of great items up for bid. Proceeds from the event benefit Suicide Awareness Voices of Education (SAVE). For details on this event stop in at Rue 48 or call 767-3500.



Be sure to keep up to date with events, sales and other news happening at 48th and Chicago, any time of the year, by visiting www.48Chicago.org. We look forward to seeing you here!

A Message From the Minneapolis Police Department—911 is More Than an Emergency Only Number

Police squads are dispatched ONLY through 911, so if you see a crime in progress or behavior that concerns you; behavior that you think could lead to a crime being committed, call 911!

For Example:

- People who may be "casing" someone's home before a break in
- Behavior that looks to you like drug dealing or prostitution
- Sounds of shots fired, even if you haven't seen someone with a weapon
- Loud music or a party that is disturbing your peace and quiet, especially after 10 pm
- A vehicle that is circling your block that doesn't appear to belong there
- People hanging around that you don't recognize, who appear to have no reason to be there

Trust Your Instincts!

Don't wait until a crime as been committed. Don't wait until others have been victimized. If you think that maybe you should be calling 911, you should have already made the call.

Visit us online at www.frnng.org

FRNNG Meeting Information

Full Board

• 3rd Wednesday of each month at 6:30 pm, Lake Nokomis Presbyterian Church (LNPC), 17th Ave. and 46th St. The full board does not meet in Dec.

Business Committee

• 1st Tuesday of each month at 7 pm, LNPC

Contact: Karen Young at klyoung99@hotmail.com

Community and Safety Committee:

• 4th Tuesday of each month at 7 pm, McRae Park Rec Center

Housing Committee

• 1st Monday of each month at 6 pm, Sisters Sludge, 46th St. and Bloomington Ave.

Education Committee

• 2nd Thursday of each month at 6:30 pm, LNPC

Contact: Gerry Sell at jdde@umn.edu

Parks Committee

• 1st Monday of each month at 7 pm, McRae Park Rec Center

Contact: Kirk Frauenheim at kirkfrauenheim@yahoo.com

Greening Committee

• 2nd Tuesday of each month at 6:30 pm at Turtle Bread Restaurant, 48th and Chicago

Contact: Ted Moe, thegreeningcommittee@gmail.com

Communications Committee

• 2nd Wednesday of each month at 6 pm, LNPC

Contact: Kirk Anderson at kirkanderson48@gmail.com

Meeting times may change due to weather, holidays or personal reasons. Please confirm with the contacts listed above.

8th Ward News

by Council Member
Elizabeth Glidden

Dear Neighbors

Thank you for the opportunity to provide updates on City of Minneapolis and neighborhood issues. As I write this, we are hours into a State shutdown, due to the lack of a budget agreement from Republican Legislative Leaders and the Governor. Certain core services may remain in place, including for example the courts, public safety services, medical payments. Significant for Minneapolis, the court determined that the appropriations that cities receive from the state – such as Local Government Aid – are also a core service. Local Government Aid is used to fund such local functions as police, fire, and road service.

A Minneapolis staff team has worked furiously to analyze impacts to our City from a State shutdown. There are, without doubt, financial impacts, with federal and state funding being suspended by the shutdown. This will impact road projects (like Camden Bridge construction and Chicago Ave. repaving), and many grant funded programs, like violence against women.

In addition, City departments depend on the State for licensing and certification of staff (peace officers, assessors, attorneys) and also depend on the State for certain inspections and approvals of city activities. The State performs electrical inspections, public works project

approvals, background checks, and more.

In response, the City today amended our ordinances to permit City officials to issue permits and coordinate electrical inspections during the State shutdown. Without this authority, Certificate of Occupancy for virtually all building and construction projects (including home remodels and new homes) would be withheld.

While these shutdown impacts are serious, the impacts from the proposed “all cuts” budget proposed by the Legislature would be worse for the City of Minneapolis. For instance, the Legislature proposed all Local Government Aid for Minneapolis, St. Paul, and Duluth to be eliminated, even though these cities send much more in sales and property tax to the state than is received back in LGA.

We wish our Governor and Legislature leaders fortitude in arriving at a fair and appropriate resolution for the State of Minnesota and its future. This is a critical time for all of us to engage with our State leaders, by calling, e-mailing and attending events to express your opinion. Please don't be silent – let your voice be heard on how to build a sustainable future for our State.

Please contact me with any questions you may have, or sign up for the monthly Ward 8 e-newsletter, at Elizabeth.glidden@ci.minneapolis.mn.us or 673-2208.



Beginning August 1st, Community Energy Services Will be Available to all Minneapolis Homeowners!

Community Energy Services is designed to make saving energy quick and easy! Attend a CES workshop in your neighborhood to sign up for the program run by a local nonprofit and start reducing your utility bills immediately! Over 4,000 Minneapolis homeowners have already joined and received a home visit!



Receive up to \$400 worth of goods and services for a co-pay of only \$30, including:

- Home visit by energy experts
- Personalized recommendations and home reports
- Feedback on your energy use
- Installation of energy saving materials
- Community participation and support

For more info visit their website, www.mnenergychallenge.org or call Neely at 335-5852.

Charter School Seeks New Board Member

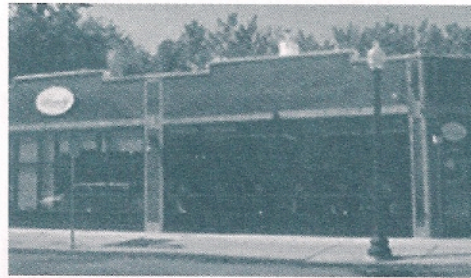
Watershed High School is looking for one more community member for its school board. Watershed is a safe, small arts-oriented public high school located at 4544 Fourth Ave. It is committed to community, creativity and service.

As a charter public school, Watershed is governed by its own board, separate from Minneapolis Public Schools. For more information about the board, call Watershed's board chair, Ann Moore, at 554-7226. For more information about Watershed, visit our website at www.watershedhs.org.

The Beauty Room— Providing Superior Beauty Services for Hair and Skin in a Luxurious, Light-hearted Atmosphere

by Beth Gillies

The Beauty Room Minneapolis relocated from East Lake St. to a gorgeous, newly renovated, and much larger space at 4300 Chicago Ave. Owner Mi Shaun Schmidt Schwab completely opened up the building allowing curious neighbors to finally see inside the notorious location. The building has a



colorful history that Schmidt-Schwab believes contributes to the “happy energy” feeling in the salon where sunlight now streams through the open windows and reflects off the crystal chandeliers.

According to neighborhood lore, since the 1960s, the building was home to a family owned massage parlor that offered “off the menu” services. Schmidt-Schwab confirms that during renovation, the building revealed its hidden past. Now home to the beautifully decorated full-service beauty salon, the location is thriving and neighborhood visitors are welcome to stop in anytime.

The Beauty Room Minneapolis is the salon Schmidt-Schwab envisioned when she first began her career. The salon is open, airy and a showcase for the experienced team. Schmidt-Schwab designed and decorated the interior to create a warm and inviting room.

Despite being a new salon, the Beauty Room staff has a long history of working together that contributes to the fun light-hearted atmosphere. The staff at the salon is committed to providing superior services and staying on top of their craft by taking classes and continuing their education. Each has his/her own personal mission statement and all firmly believe in working with their clients to find their best look.

At The Beauty Room, clients can choose from: Cuts, Color, Great Length Extensions, Facials, Make-Up Application, Manicures and Pedicures, Massages and Waxing. The salon features unique product lines and accessories to help clients maintain and care for their hair and skin and complete their looks with one of a kind jewelry.

For more information, visit www.thebeautyroommpls.com.

Calling All Amateur Photographers

As part of our ongoing project to upgrade the FRNNG website, we are now looking for photos to display on the website. We welcome any photos of the neighborhoods for possible display on the website. Our intent is to show a group of photos that capture the essence of our neighborhoods and all they have to offer. If you are interested in submit-

ting any photos, please send them electronically to the FRNNG office at frnng@mtn.org. Please let us know whether you would like credit for your photo to appear on the website (your name near the photo).



Keep Our Neighborhoods and Children Safe

by Councilmember John Quincy

With summer in full swing, so is Burglary season. The great majority of burglaries occur in unsecured cars, garages, and homes. To help keep yourself and your property safe, please keep these tips in mind.

- Lock your doors on your home. Keep your doors (including the garage) even when you are mowing the lawn, barbecuing, etc.

- If you have an alarm system, use it.

- Once it's warm again and windows are open, pin your windows to prevent unwanted people from entering your home.

- Be aware of strangers at your door. A common tactic is for someone to occupy you at the front door, while their partner enters your home from the rear. For this reason, keep your valuables in a secure place in the home and lock your front door even if you are in the back yard doing yard work..

- Don't store vehicle keys on hooks or in a drawer by the back door or garage service entrance. Break-ins to homes with this method of key storage frequently experience the loss of a vehicle or two in addition to the burglary of the home.

- Lock your garage, both the overhead door and the service door. Deadbolt locks are preferable to simple spring type locks that are standard on most door knobs.

- Take your valuables with you when you leave your car; items like wallets, purses, cell phones, ipods, laptop computers, GPS units, are too attractive for thieves, especially when in view from outside the car. Invest in GPS technology for computers and cell phones. If stolen they are fairly

easily found within a short time. It allows us to capture and prosecute the offender at an earlier point in time.

- Many thefts from motor vehicle cases involve the use of your credit cards within the hour, or your identifying information is stolen for use in larger frauds. Protect your personal information.

- If storing valuables in your car, stow them prior to arriving at your final destination. If you drive to the lakes or park for a walk, do not store valuables in the car at all. Thieves have been monitoring the lakes and wait for you to leave. They know you will be gone for some time, so they have

a lot of time to enter your car and find your valuables, even if you hid them prior to arrival. They know all the hiding spots too.

- Remove your garage door opener(s). These are the key to your garage and in the cases of attached garages are frequently the way into your home.

Last year, an attempted kidnapping of 11-year-old girl occurred near 56th St. and Dupont Ave. We are all extremely thankful that this girl responded the way she did and want to use this space to recognize her bravery and remind the rest of us what we, as parents and a community, can do to help keep children safe.

- Teach your address and phone number, including the area code, as well as, how to use the telephone to call home and 911.

- Keep an updated file on your child, including a photograph and physical description. If your child is younger than two update the information at least four times each year.

- Pay attention to the clothing your child is wearing and never display his/her name on clothes or books.

- Make sure your child knows that if you become separated in a public place he/she should immediately find a facility employee and not attempt to search for you.

- Select a secret code word that only you and your child know. Tell your child never to go with anyone who does not know this code.

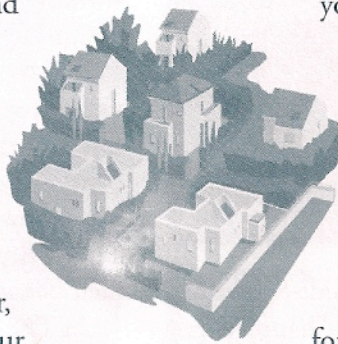
- Leave instructions with your child's school to notify you immediately if he/she is absent and provide them with written information on which people are authorized to pick your child up.

- Educate children on the many tactics used by abductors. Teach them to immediately leave the area if a stranger is present. If your child is grabbed, instruct him/her to yell "fire" or "stranger." People are more likely to respond to those shouts than to cries of "help."

- Survey the recreation and school routes children use. Point out any dangerous areas such as vacant lots, alleyways, and busy streets. Teach your child what to do should he/she be followed.

- Join or organize a "safe home" program with your neighbors to establish secure homes where children can go for help.

This article is from an earlier issue of *Close to Home*.



Thanks to our Supporters!

Close to Home would like to thank the following individuals, local businesses and organizations in our community for their generous financial contributions to the production and mailing of this newsletter. Now we are asking you to support not only this publication, but also all of our other activities. Anything that you can give will be very much appreciated and put to good use. Also, since we are a "501(c)3" organization, any donations are deductible to the full extent of the law. If you would like more information on how your organization or business can become a supporter, please call the FRNNG office. **We also encourage residents to support our local businesses so that they can continue to be a strong and vital sector of our community.**

Under \$100

Southside Chiropractic, P.A.

55th and Chicago, 827-0657

Pathfinder Care Management

48th and Chicago, 729-9096

Partner Level- \$100-\$199

Minnehaha Animal Hospital

48th and Chicago, 825-4427

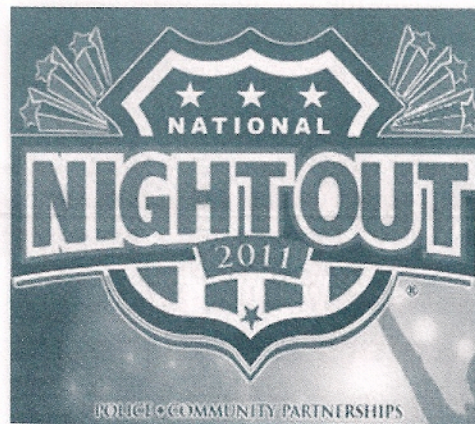
T.A.'s Automotive, Inc.

42nd and Bloomington, 823-7100

It's That Time Again– Tuesday, August 2nd is National Night Out!

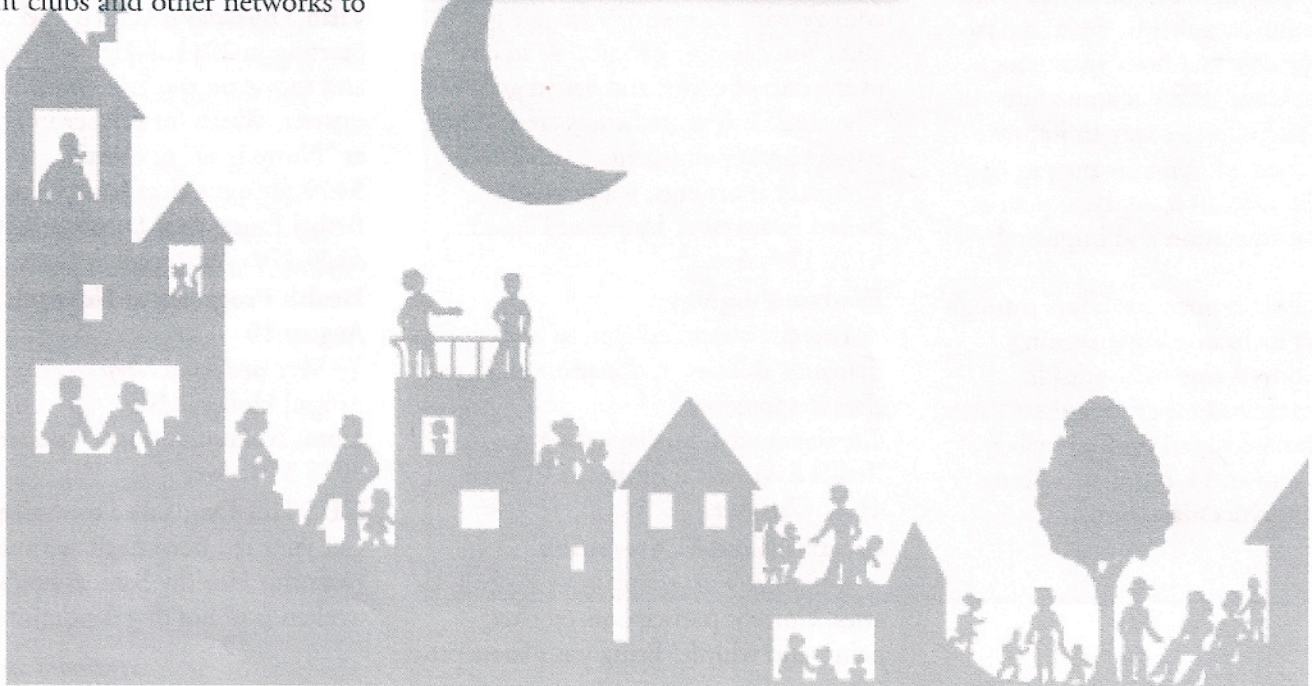
Tuesday, August 2, 2011 will mark the 28th Annual National Night Out (NNO.) In Minneapolis NNO is an annual event on the first Tuesday of August that involves all segments of the community in building a healthier, safer community. NNO generates support for anti-crime programs and strengthens police/community relations.

National Night Out is not just one night of the year, but the culmination of year-long crime prevention activity in all Minneapolis neighborhoods: people working together in block and apartment clubs and other networks to



prevent and address crime and other neighborhood problems. It is an occasion to celebrate past successes, discuss current challenges or issues, and re-dedicate to collaborative efforts with neighbors, police, businesses and others to improve the quality of life in our city. NNO is the largest event of its kind in Minneapolis and the nation.

National Night Out is sponsored by the Minneapolis Police Department. For more information visit www.minneapolis.mn.us/nno.



Southside Chiropractic—Warm Heart in the Neighborhood

by a long time clinic patient

When you think of heart, Dr. Lee Ann Herfort comes to mind and if “home is where the heart is” that is exactly how the patients feel about Southside Chiropractic Clinic, especially the kids. She has been practicing chiropractic in the neighborhood for twenty six years, first at the corner of 48th and Chicago and now in a homey setting at 5536 Chicago Ave.

Dr. Herfort and her husband are often seen around the neighborhood walking their dog and hanging out at the local businesses. She says she loves living where she works because the Field Regina Neighborhood is so much fun.

Southside Chiropractic is a family-friendly clinic that offers an assortment of integrated services which include chiropractic care, therapeutic massage and acupuncture. They offer “one on one care” to their patients from 1 to 102 years old, treating them for a variety of ailments such as automobile and work related injuries, arthritis, pre and post-pregnancy care and body maintenance. Dr. Sheri Cook offers acupuncture—a painless and effective way to improve a wide variety of ailments such as migraines, neck to lower back pain as well as for relaxation and improved energy.

The clinic is open Mondays through Saturdays including some evening hours. Come home to Southside Chiropractic and experience these caring and wellness-focused professionals for yourself, and check out their website at www.southsidechiro.com.



Getting to Know You— and Your Business

To highlight the diverse, useful, and enjoyable businesses in our neighborhood, *Close to Home* will feature a category of business in future issues. In this issue, we're featuring **home-related services such as architecture, interior design, remodeling, handyman/woman services, landscaping, and gardening.** If that describes your business, please write a short article about your enterprise.

Send your article via email to Valerie Powers, program director, at the FRNNG office at frnng@mtn.org. Please keep your article to fewer than 300 words - we reserve the right to edit articles as necessary. We must receive your article no later than 5 pm on Tuesday, August 30.

Following is a list of some information you may wish to include in the article that describes your business:

- name
- location
- website
- phone number
- hours
- the year the business was established
- a description of the business including what distinguishes it from similar businesses
- why you're passionate about your business
- what your customers say about your business
- what factors contributed to your selecting this area of south Minneapolis for the location of your business
- any other information you would like readers to know

We look forward to hearing from you, and from readers with suggestions for future features.

Senior Helpline

Nokomis Healthy Seniors Activities

Nurse Is In

Get your blood pressure checked, consult with a nurse or schedule a pedicure. You can also just stop in to chat over a cup of coffee and baked goods. The clinic is free; pedicures are \$28 and require an appointment. Thursday mornings, 9 am-noon
Bethel Evangelical Lutheran Church
4120 17th Ave.

Exercise Program

Exercise classes tailored to each participant's abilities. A donation of \$1 per class is appreciated. Tuesdays and Thursdays, 10 am
Bethel Evangelical Lutheran Church
4120 17th Ave.

Creativity and Conversation

A women's art group with no boundaries. Current participants crochet, paint, and whittle! Bring your latest pro-

ject; enjoy conversation and exchange advice as you create.

Wednesdays, 10 am-1pm
Bethel Evangelical Lutheran Church
4120 17th Ave.

Fifth Thursdays: Lunch and a Movie

Starting in 2011, NHS will offer lunch and movie on the 5th Thursday of each quarter. Watch for further information at “Nurse Is In” or call the office, 729-5499 for more details.

Bethel Evangelical Lutheran Church
4120 17th Ave.

Health Programs at Nokomis Square August 10

To Sleep or Not to Sleep

Abigail Holley, MD

1 pm, Nokomis Square Cooperative
5015 35th Ave.

NHS Hot Dog Sale Fundraiser

Get your red hots! Each summer Nokomis Healthy Seniors holds two weekends of hot dog fundraising

continued on next page

McRae Park

906 East 47th Street

The complete summer schedule is available at McRae Park or online at the address below. You can register for programs at the address listed. Contact the park for more information.

www.minneapolisparcs.org

370-4909 (voice)

824-4170 (fax)

Anne Kegley, Director

akegley@minneapolisparcs.org

Get Us Online!



We are looking for ways to cut cost and reduce waste – please help us by registering to receive *Close to Home* electronically. Visit www.frnng.org and look for the link to register. You can also register to receive other communications via email as well. Your email address will be used for FRNNG in only the way you intend and you may unsubscribe at any time.

Thank you for supporting us in this effort.

Senior Helpline... from page 6

madness in cooperation with Bergan's SuperValu. This neighborhood grocery store has sponsored this event for seven years, helping NHS raise funds to support services to area seniors.

This year we'll be grilling them up outside Bergan's front door. Please stop by and show your support for NHS by purchasing a brat or hot dog, chips and a soda to round out the experience. To-go containers will be available if you want to take your meal on the run.

Mark your calendars:

Saturday, August 27 and Sunday, August 28. Hope to see you there!

For further information about our services call the NHS office at 729-5499.

Support the Field Regina Northrop Neighborhood Group

Help keep FRNNG working for you by sending in a donation of \$15 or more. Combined with the business and church donations, your gift supports *Close to Home* and other activities of the organization. Please keep them coming! FRNNG is a 501.3c organization and all gifts are tax deductible to the full extent of the law.

FRNNG

VOLUNTARY DONATION

\$15 \$25 \$50 Other

Name _____

Address _____

CLOSE T^o HOME

Close To Home is the official publication of the Field Regina Northrop Neighborhood Group, Inc., and is published six times per year by the FRNNG Communications Committee.

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Articles, photos, and announcements of interest to the FRN Community are welcome.
Call 721-5424 or Fax 721-4539
E-mail: frnng@mtn.org

Copy deadline for the next issue is August 5

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The Field Regina Northrop Neighborhood Group, Inc. Established in 1965

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Program Manager: Valerie Powers

2011-2012 FRNNG Board

*Executive Committee Officers

*President: Stearline Rucker

*1st V.P.: Wade Warner

*2nd V.P.: Willie Bridges

*Treasurer: Shannon Guernsey

*Secretary: Shelley Nystrom

*Field Neighborhood Rep: *Open*

*Regina Neighborhood Rep: Senem Drewes

*Northrop No. Neighborhood Rep: Jeri Elsner

*Northrop So. Neighborhood Rep: Pete Berlute

Business: Karen Young

Communications: Kirk Anderson

Community and Safety: *Open*

Education: Gary Sell/Mary Ellen Mueller

Greening: Ted Moe

Housing: *Open*

Parks: Kirk Frauenheim

Programs: Kelly Wheaton

Useful Phone Numbers

8th Ward Council Elizabeth Glidden 673-2208

11th Ward Council John Quincy 673-2211

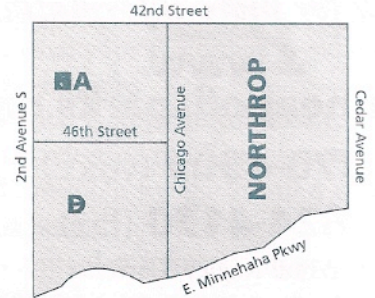
Sue Roethele CCP/SAFE 673-2839

Housing Inspector 673-5858

Senior HelpLine 729-5499

McRae Park 370-4909

Airport Noise Complaints 726-9411



FIELD REGINA NORTHROP NEIGHBOR
4828 12TH AVE S
MINNEAPOLIS MN 55417-1109

1620 East 46th Street
Minneapolis, MN 55407



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Minimum 20% post-consumer content

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