

The Field Regina Northrop Neighborhood Group Newsletter

August-September 2012

SCABA Fall Festival Slated for September 29th

he South Chicago Avenue Business Alliance (SCABA) has announced that this year's annual Fall Festival at the intersection of 48th St. and Chicago Ave. will be held on Saturday, September 29, from 10 am to 4 pm. As in other years, the Fall Festival will feature a variety of local bands and

other performers on the stage that will be set up on 48th St., just east of Chicago. A flea market is planned for 48th St., just west of Chicago, where

neighbors and friends will have the opportunity (for a small registration fee) to sell their "treasures"! SCABA also plans to offer an assortment of children's activities, from a "Bounce House" to face painting and games — and even karaoke (for kids of all ages)! Additionally, local businesses will offer "sidewalk sales" and "one-day specials" for shoppers looking for great deals.

According to Mike Kmiecik, president of SCABA, this year's Fall Festival

will be somewhat different than in other years. "We are excited about having HealthPartners move into the neighborhood (at 4732 Chicago), and we decided to coordinate this year's Fall Festival with the HealthPartners Grand Opening that will be held that same weekend. Our Fall Festival has always been a celebration of the neighborhood

our way of saying
 'Thank You' to our
 neighbors and the other
 people who shop here.
 With the added attraction of the

HealthPartners Grand Opening, this year's Fall Festival promises to be the biggest and best we've ever had!"

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If you would like to join the lineup of performers at the SCABA Fall Festival, or if you would like to register (\$10) your 10' x 10' space for the flea market, give Mike Kmiecik a call at Bikes and Pieces, **203-6077**.

Bringing Neighbors Together at the ANC

By Jeri Elsner, N. Northrop Neighborhood Representative

Saturday, June 2nd was the FRNNG's Annual Neighborhood Celebration. The day's festivities started with a parade at 43rd and Oakland around 10 am on that beautiful, sunny summer morning. The parade was led by a squad car from the Minneapolis Police Department, and Engine #17 from the Minneapolis Fire Department. Parade participants included Ward 8 City Councilperson Elizabeth Glidden and Hennepin County Commissioner Peter McLaughlin. Also marching were representatives from many neighborhood businesses, including Artisticrats Childcare Center, and one of the newest business additions to the FRN neighborhoods, Health Partners Clinics. Sabathanites Drum Corps and Prince Hall Masonic Bagpipe Group kept everyone marching to their snappy beat. Following close behind were a few dozen ball players from McRae Park's baseball team. The parade made its way south from 43rd and Oakland for several blocks, turned east and then north up Chicago to McRae

continued on page 3

Visit us online at www.frnng.org

FRNNG Meeting Information

Full Board

 3rd Wednesday of each month at 6:30 pm, Lake Nokomis
 Presbyterian Church (LNPC), 17th
 Ave. and 46th St. The full board does not meet in July or Dec.

Business Committee

 1st Tuesday of each month at 7 pm, LNPC business@frnng.org

Community and Safety Committee:

 4th Tuesday of each month at 7 pm, McRae Park Rec Center communityandsafety@frnng.org

Housing Committee

• 1st Monday of each month at 6 pm, Sisters Sludge, 46th St. and Bloomington Ave. housing@frnng.org

Education Committee

1st Thursday of each month beginning in October, at
6:30 pm, LNPC education@frnng.org

Parks Committee

 1st Monday of each month at 7 pm, McRae Park Rec Center parks@frnng.org

Greening Committee

 2nd Tuesday of each month at 6:30 pm at Turtle Bread Restaurant, 48th and Chicago greening@frnng.org

Communications Committee

 2nd Wednesday of each month at 6 pm at Turtle Bread Restaurant, 48th and Chicago communications@frnng.org

Meeting times may change due to weather, holidays or personal reasons. Please confirm with the contacts listed above.

8th Ward News

by Council Member Elizabeth Glidden

Happy summer, neighbors! Thank you for the opportunity to update you on City and neighborhood issues.

Proposed MN Constitution Amendments

This year, Minnesota residents will vote on two proposed amendments to the Minnesota constitution: one amendment would restrict marriage to opposite sex couples; the other would require an approved "photo ID" to vote at the polls. The City of Minneapolis has formal positions opposing both amendments and urges residents to vote "no." Minneapolis' support of equal rights for all goes back decades and it was the first city in Minnesota to approve a domestic partner registry; the marriage restriction amendment, which would enshrine discrimination in our State constitution, is contrary to these values of equal rights. Regarding photo ID, this amendment would eliminate Minnesota's successful model of same day voter registration. For cities and counties, like Minneapolis, this proposed change to our voting system by "photo ID" would result in new and substantial costs for elections, costs which must be borne by the taxpayer.

Portland and Park Repaying

Turning now to a reality of summer in Minneapolis ... road construction! And this season, Portland and Park will get a facelift. Hennepin County plans to repave and restripe Portland and Park Avenues in September of 2012. A repaving pro-

ject – or mill and overlay – will take off the surface of the road and

replace it with a new surface. This project will not impact the existing curb and gutter.

As part of this process, Hennepin County has agreed to work with the City to review options to better serve bicyclists and to calm or slow traffic on Portland and Park Avenue.

Options could include changing the striping and lane configuration on these streets. After evaluating options, Hennepin County will host a community meeting in late summer to review any striping changes proposed for Portland and Park. Please look for updates from your neighborhoods and elected officials!

One Minneapolis One Read

Many residents participated in our first city community read last year, in which we read "The Grace of Silence" by NPR Host (and former Field neighborhood resident) Michele Norris. This year, the book selected is "Spirit Car: Journey to a Dakota Past" by Minnesotan Diane Wilson. Please put this book on your reading list and get ready for some great events to kick off the read this September. Updates and events regularly posted at www.OneMinneapolisOneRead.com

As always, please contact me with your questions and comments. You can reach me, and sign up for my monthly newsletter, at

www.minneapolismn.gov/ward8

Elizabeth Glidden, Ward 8 Councilmember

ANC ... from page 1

Park, the site of the Annual Neighborhood Celebration.

The turnout at McRae Park was fantastic - again fueled by the beautiful summer weather. At the park, there was a large stage, hosting local performers throughout the day, and the McRae preschool ballet class performed, as well. Set up on the east side of the park were large inflatable sports combos, which were given a good workout from the kids in the crowd. Anne Kegley, recreation director at McRae Park, graciously did some time sitting on a collapsible seat perched above a dunk tank, while neighborhood youths took their turn, trying to hit the button to drop her into the tank. I think Anne will agree it was a good day to get dunked!

Adrian's Tavern had their mobile catering truck on-site, and provided food and beverages to the crowd. There were several arts and crafts tables set up for the kids to encourage creativity and challenge their minds. There was also a table teaching kids how to make balloon animals, as well as a book fair. Other booths present at the event and also participating in the parade, were the Minneapolis Parks and Recreation Board, Minneapolis Bike Tour, Southside Sprint and the Yoga Studio at Spark Clinic.

The 2012 FRNNG's Annual Neighborhood Celebration and Parade was a great success. It was wonderful to see so many neighbors and their families at the event, enjoying the beautiful Minneapolis weather we so look forward to this time of year. Thank you to all the local businesses that contributed to the event's success, along with the McRae Park staff for their organizational and hosting duties, and for the hard work put in behind the scenes by so many FRNNG board and committee members.

Mark Your Calendar- Primary Election

The Primary election will be on Tuesday, August 14. Polls are open from 7 am until 8 pm. Because of redistricting (done after each 10 yr census) many voters will be in different precincts and have different

polling places.

Every registered voter will receive a card from Hennepin County by mail informing the voter where to vote.

If a voter needs an absentee ballot, the voter first must fill out an application. To receive an application either call 311 or go to www.minneapolismn.gov/elections. After returning the application, the voter will receive an absentee ballot. Absentee voting began on June 29.

Please note, that to be counted, the absentee ballot must be received by 3 pm by mail at election headquarters. Absentee ballots CANNOT be dropped off at the polling place!!

In even numbered years, only state and federal offices and school boards are on the ballot. If a candidate has NO opposition from within his or her own party, that person's name will not be on the ballot. The constitutional amendments will be on the November ballot, not on the Primary ballot.

Questions? Call 311 and ask for voter service.

Free Veggie Giveaway at HealthPartners Nokomis Clinic

Need to get more fruit and veggies into your meals? There will be a free vegetable giveaway at the new HealthPartners Nokomis Clinic:

Tuesday, August 7, 10 am - noon HealthPartners Nokomis Clinic parking lot 4730 Chicago Ave. (limited to first 300 guests)

The clinic is giving the vegetables out as a way to meet neighborhood residents and encourage the tasting of good-for-you foods. Guests will receive one free bag of in-season produce, such as tomatoes, kale, zucchini, green beans, etc. Tips for storing and cooking the veggies will also be included. The veggie bags will be limited to one per family.

Grand Opening!

Mark your calendars now for a community grand opening:

Saturday, September 29, 11 am - 2 pm The grand opening will feature fun activities for the kids, free health checks and flu shots, tours of the clinic and opportunities to chat with clinic doctors and care teams. Bring your family and friends.

HealthPartners®

The HealthPartners Nokomis Clinic will officially open for business on Monday, Oct 1. It will feature a family medicine care team, along with Ob-Gyn specialists, a chiropractor, and evening and weekend urgent care. It will welcome most insurance and self-payment. You don't have to have HealthPartners insurance to use the clinic.

The clinic also plans to hold community seminars on hot health topics. HealthPartners is interested in your feedback on what types of health information you would like at seminars and the types of services you would like to see in the new clinic. Send your feedback to clinics@healthpartners.com or call 952-883-6078. HealthPartners looks forward to serving the Field Regina Northrop community!

3rd Precinct Police Advisory-Burglars Strike Again in Sector 3*

Facts: Since June 26, there have been 21 garage burglaries and two home breakins in Sector 3 of the 3rd Precinct, 10 of those occuring in FRN. Most of the crimes happened overnight between 10 pm and 7 am. Pry marks were found on most of the garage service doors although unlocked vehicles inside were also targets for the burglars. Most of the vehicles showed signs of having been rifled through. Sixteen bicycles, loose change, golf equipment, and three GPS systems were taken in the garage burglaries. Cash, laptops, a TV and jewelry were taken in the home burglaries.

Suspect information

There is little suspect information available at this time.

Inspector Lucy Gerold, commander of the 3rd Precinct, today said to residents, "You are our best resource in preventing these burglaries and aiding us in apprehending the burglars. We need your help. Call on anything suspicious, we are ready to respond. Utilize our prevention tips so you do not become a victim."

What you can do

Anyone loitering, looking in windows, or acting suspiciously on your block should be reported to 911 immediately. Do not delay. Be alert for unusual noises outside at night and unknown people walking through yards, or hanging out in alleys. Please follow the Prevention Tips as outlined on page 5 of this newsletter, and share this information with neighbors.

For more information about home security and other crime prevention techniques, contact Crime Prevention Specialist Sue Roethele at 673-2839 or e-mail sue.roethele@minneapolismn.gov. Free home security audits are available Monday through Thursday at your convenience. Visit our website www.ci.minneapolis.mn.us/police/crimeprevention/index.htm

*Sector 3 consists of Field, Regina, Northrop, Hale, Page, Diamond Lake, Keewaydin, Minnehaha, Wenonah, Morris Park, Ericsson neighborhoods, and Standish south of East 42 St.

Activity in the FRN neighborhoods only.

Location	Address	House/garage	Date/time	Entry method	Loss	Suspect info
Field	46xx Clinton	garage	7/1 7 pm – 7/2 11 am	Unlocked service door	no loss	none
Field	47xx 4 Av S	garage	7/1 8 pm - 7/2 9 am	Pryed door, frame	no loss	none
Field	48xx Columbus	garage	7/1 10:30pm – 7/2 8:45am	Pryed door	2 bikes	none
Field	49xx 5 Av S	garage	7/1 11 pm -7/2 6 am	Service door pryed	tool left behind	investigation
Field	49xx Portland	garage	7/2 00:01 am-6:30 am	Service door pryed	change in car	none
Field	49xx 5 Av S	garage	7/2 00:01 am -7 am	Service door open	2 bikes	I bike recovered
Field	49xx 2 Av S	garage	7/1 overnight 7/2	Service door	2 bikes	none
Regina	43xx 5 Av 5	occupied house	7/2 9:35 am-9:50 am	Forced entry	laptop, cash	investigation
Northrop	42xx 10 Av 5	garage	6/27 10 pm – 9 am 6/28	Door unlocked	no loss	none
Northrop	43xx Elliot Av	garage	6/27 7 pm - 6/28 7 am	Service door locked	3 bikes, change	none

City of Minneapolis Expands Recycling Program

As a result of a successful pilot project with the Eastside Food Co-op, the City of Minneapolis has expanded its recycling program to now include all numbered plastics #1-7. Newly accepted items include containers such as pudding and fruit cups, margarine, yogurt and cottage cheese containers. Also accepted are paper based boxed such as

broth, wine, milk and juice. It has also been announced that the City of Minneapolis will be moving to single-sort recycling in the near future, most likely in the Spring of 2013. This means that residents will no long need to sort recyclables, they will be able to put all of them in one container and they will be sorted later at the collection site.



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Residential Security Tips

Residents can use some simple methods to keep their garages and homes secure. Make sure your garage exterior is well-lit. Choose motion-detection light fixtures that do not permit the bulbs to be unscrewed. Install 3-foot or longer strips of pre-drilled angle iron with 3-inch screws in the jam of your service door to strengthen it and protect it against pry tools. Keeping garage doors closed and locked is the key to preventing bicycles, tools, sports equipment and other items from being stolen.

Lock your doors

Many residents leave garage doors open while they work in their yards, run to the store, or unload groceries. That provides an open invitation for unwanted intruders. Doors leading into the home from the garage should be kept locked at all times. Vehicle doors should be kept closed and locked when the garage is not occupied.

Quality doors and locks

Make sure garage service doors are made of solid-core wood or metal and have a quality, heavy-duty deadbolt lock with at least a one-inch throw bolt. A good heavy-duty knob-in-lock set with a dead-latch mechanism, along with a heavy-duty, 8"-10" four-screw strike plate with 3-inch screws penetrating into a wooden door frame make it more difficult for burglars to break in.

Cover and secure garage windows Keep garage windows covered with curtains, blinds, or a translucent stickon film or other devices that keep someone on the outside from looking in. Make garage windows secure by checking that the latch is in good condition and properly adjusted, and use a secondary blocking device. These devices are relatively inexpensive and can be found in hardware stores. Inexpensive wooden dowels and sticks can work well for horizontal sliding windows, which can also be equipped with screw-type devices that lock into window channels to keep windows from being opened. Anti-lift devices such as through-thedoor/window frame pins are useful for horizontal windows.

Alerts

Another deterrent to burglars is the presence of crime prevention or alarm decals on windows, or signs indicating "Beware of Dog," or the installation of a home alarm system with signs visible outside.

Lighting

Security lights with motion detectors are relatively inexpensive, can easily replace exterior porch or side door lights, and can be effective in keeping intruders away. Some lights can be adjusted to detect body heat and motion, and can be programmed to reset after a minute. There are also light-sensitive dusk-to-dawn light sockets that you can install in existing fixtures which can use a light that will help illuminate your property at night.

Lock your vehicles

Unlocked vehicles are also easy targets, even in a garage, according to the police. MPD recommends locking vehicles at all times—even when they are in the garage--- and using secondary protection devices that can range from automobile alarms to different types of vehicle-locking devices including wheel locks, to secure vehicles.

Remove valuables

Always remove valuable items from vehicles when they are parked in the driveway or on the street. This especially includes GPS systems and your automatic garage door opener. Do not keep extra keys for your vehicle in the console or glove box, or store personal identification information in vehicles that can lead to identity theft.

Keys

Keep house keys and vehicle keys separate and do not use identification tags on key rings. When lost or stolen, these are an open invitation, with directions, for a burglar to enter your home.

Photograph valuables

Police also recommend photographing valuables kept in the garage, making a list of their make, model, and serial numbers. You can also mark your drivers' license number on bicycles, power tools, hand tools, lawnmowers, and

other valuables in your garage and home to help in their recovery in the unfortunate event of a burglary.

Look out for each other

Being good neighbors means looking out for each other and reporting suspicious activity in the neighborhood to the police immediately.

LOCK UP AND LIGHT UP!

FRN Resident

Authors New Book

Nick Hupton, of 4244 12th Ave. S., has had his debut novel, *If I Know It's Coming*, published by North Star Press, Inc.

The book is a middle grade novel about a boy whose mother, an Army Reserve Nurse, is deployed to Iraq. Much of the book is set in South Minneapolis. For more information, visit Nick's website.

www.nickhupton.com

Save the Date!

Monday, August 6th is "Movie in the Park" night with *Adventures of Tin Tin* at McRae Park, 906 E. 47th St.

Keep an eye out in the neighborhood and on the McRae Park message board for more information.



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Thanks to our Supporters!

Close to Home would like to thank the following individuals, local businesses and organizations in our community for their generous financial contributions to the production and mailing of this newsletter. Now we are asking you to support not only this publication, but also all of our other activities. Anything that you can give will be very much appreciated and put to good use. Also, since we are a "501(c)3" organization, any donations are decuctable to the full extent of the law. If you would like more information on how your organization or business can become a supporter, please call the FRNNG office at 721-5424. We also encourage residents to support our local businesses so that they can continue to be a strong and vital sector of our community.

Gardening Tips— Early Fall Edibles

By Jennifer Rensenbrink

Summer's nearly over, but your harvest needn't come to an end. Many edibles are very cold hardy -- cool weather helps their seeds germinate and a light frost actually makes some taste better! Use a nice sunny open space to try some lateseason or spring vegetables:

Radishes can be seeded anytime during the month of August. Many radishes take less than 30 days to reach harvest size, and they prefer cooler weather.

Beets and turnips can also be grown in the fall, but they should be seeded as soon as possible. The fastest ones are about 50 days for beets and 35 days for turnips; both can withstand a light frost better than radishes can.

Spinach is a great choice for a fall plant because it will only germinate in cooler weather, and can be harvested at baby size or grown bigger. It is also usually frost-tolerant. For optimum germination, let your spinach seed chill out in the refrigerator for a week or two before planting.

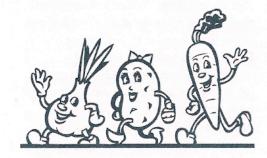
Kale is also a great choice because it can be harvested into late November most years. Because it takes a little longer to grow than spinach, it should be planted early in August.

Many edibles for next year's garden can also be planted in the fall. Seed garlic should be planted in late October and can be purchased at the Kingfield Farmer's Market. Hardy perennial herbs like thyme, oregano, chives and mint can be planted through mid-September as transplants, and will come back bigger and better next year.

One new edible I plan to add this fall is ramps. Ramp seeds can be purchased online and planted anytime in the fall. Ramps love a shady spot under a deciduous tree: early spring sunlight and shade the rest of the summer after the tree leafs out.

Finally, early fall is also a fine time to plant perennial fruit bushes such as blueberry, currant, raspberry, or gooseberry. Just make sure to give the plant plenty of water to help it get established before the winter. Happy fall gardening!

Jennifer Rensenbrink is a Hennepin County Master Gardener who blogs about gardening and other adventures at newhomeeeconomics.wordpress.com.



Under \$100

Southside Chiropractic, P.A. 55th and Chicago, 827-0657 Pathfinder Care Management 48th and Chicago, 729-9096

Partner Level- \$100-\$199

Minnehaha Animal Hospital 48th and Chicago, 825-4427 T.A.'s Automotive, Inc. 42nd and Bloomington, 823-7100

Mark Your Calendar, It's National Night Out—Tuesday, August 7th

Tuesday, August 7, 2012 will mark the 29th Annual National Night Out (NNO.) In Minneapolis NNO is an annual event on the first Tuesday of August that involves all segments of the community in building a healthier, safer community. NNO generates

support for anticrime programs and strengthens police/ community relations.

National

Night Out is

not just one night of the year, but the culmination of year-long crime prevention activity in all Minneapolis neighborhoods: people working together in block and apartment clubs and other networks to prevent and address crime and other neighborhood problems. It is an occasion to celebrate past successes, discuss current challenges or issues, and re-dedicate to collaborative efforts with neighbors,

continued on page 7

McRae Park 906 East 47th Street

The complete summer schedule is available at McRae Park or online at the address below. You can register for programs at the address listed. Contact the park for more information.

www. minneapolisparks.org 370-4909 (voice) 824-4170 (fax)

Anne Kegley, Director akegley@minneapolisparks.org

National Night Out... from page 6

police, businesses and others to improve the quality of life in our city. NNO is the largest event of its kind in Minneapolis and the nation.

You can still register your event online, and through July 24th, most streets can be blocked off at no charge. Registration from July 25-Aug 2 costs \$100. Also, don't forget that if your street can't be blocked off due to being on a bus route or a high-traffic street, you can usually block off your alley or a side street. And of course NNO parties in neighbors' yards are just as enjoyable! Either way, register your event to get the City's NNO packet.

Almost 800 blocks throughout Minneapolis have already registered, nearly twice as many as this time last year! Pretty much all of your questions should be answered on the NNO web page—but if not, feel free to ask the FRNNG Crime Prevention Specialist.

National Night Out is sponsored by the Minneapolis Police Department. For more information visit www.minneapolis.mn.us/nno.

Check Out the Redesigned FRNNG Website! Find Us on Facebook...



and Follow Us on Twitter

Support the Field Regina Northrop Neighborhood Group

Help keep FRNNG working for you by sending in a donation of \$15 or more. Combined with the business and church donations, your gift supports *Close to Home* and other activities of the organization. Please keep them coming! FRNNG is a 501.3c organization and all gifts are tax deductable to the full extent of the law.

FRNNG VOLUNTARY DONATION

□ \$15 □ \$25 □ \$50 □ Other

Address ______
Minneapolis, MN Zip _____

Make your check payable to FRNNG, Inc. and mail this form and your check to:

FRNNG, Inc. 1620 E. 46th St. Mpls, MN 55407

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Articles, photos, and announcements of interest to the FRN Community are welcome.

Call 721-5424 or Fax 721-4539 E-mail: frnng@frnng.org

Copy deadline for the next issue is Sept. 3

1620 E. 46th St. Mpls, MN 55407 721-5424

The Field Regina Northrop Neighborhood Group, Inc. Established in 1965

1620 East 46th Street Minneapolis, MN 55407 FRN Info Line 721-5424 Fax: 721-4539 E-mail: frnng@frnng.org Program Manager: Jenny Case

2011-2012 FRNNG Board

*Executive Committee Officers *President: Stearline Rucker *1st V.P.: Wade Warner *2nd V.P.: Willie Bridges *Treasurer: Shannon Guernsey *Secretary: Shelley Nystrom *Field Neighborhood Rep: Chris Schommer *Regina Neighborhood Rep: Tom Powers/Carol Kennedy *Northrop No. Neighborhood Rep: Jeri Elsner *Northrop So. Neighborhood Rep: Pete Berlute Business: Karen Young Communications: Kirk Anderson Community and Safety: Kevin Kelley Education: Gerry Sell Greening: Ted Moe Housing: Nick Peterson/Albert Knight

> Parks: Keely Wheaton Programs: open

Useful Phone Numbers

8th Ward Council Elizabeth Glidden 673-2208 11th Ward Council John Quincy 673-2211 Sue Roethele CCP/SAFE 673-2839 Housing Inspector 673-5858 Senior HelpLine 729-5499 McRae Park 370-4909 Airport Noise Complaints 726-9411



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