

CLOSE T° HOME



The Field Regina Northrop Neighborhood Group Newsletter

July-August 2014

Discounted Home Energy Squad Enhanced Visits

Starting this summer the Field Regina Northrop Neighborhood Group is discounting the cost of 100 Home Energy Squad Enhanced visits from \$70 to \$30! The two-hour visits are a convenient way to improve your home's energy efficiency. Visits feature access to two energy consultants and a variety of energy saving products:

- Door weather stripping
- A water heater blanket
- Programmable thermostat
- Compact fluorescent light bulbs
- High-efficiency showerheads
- Faucet aerators

The Home Energy Squad will install any product that your home needs, and never any product you don't want. All products and labor are included in the \$30 visit co-pay.

The Squad will also perform three diagnostic tests:

- A blower door test to measure your home for air leaks

- An insulation inspection
- A safety check on your home's heating system and water heater

At the end of your visit, the energy consultants will go over the diagnostic tests and provide you with a Home Energy Fitness Plan. To help accomplish recommended home improvement projects, the visit qualifies participants for 2.99% energy financing from the Center for Energy and Environment's Lending Center. Participants also receive an approved contractor list when insulation work is recommended.

Discounted visits began on June 1st and are available on a first come, first served basis. Please call Beth at 335-5874 to schedule. For more information: www.mncee.org/hes-mpls

Visits are provided by CenterPoint Energy and Xcel Energy in partnership with the Center for Energy and Environment.



President's Letter

My name is Willie Bridges. I'm the new president of Field Regina Northrop Neighborhood Group (FRNNG). I've been a resident in FRNN for over twenty years. Our FRNN is a unique community, in that we look out for our neighbors, and for our kids, and are an inviting and inclusive group. One of our main strengths as a group, is our strong corps of volunteers within the neighborhood. Our volunteers are united in making our neighborhoods as safe, beautiful and well maintained as possible. I encourage you to actually volunteer in one of our community committees: housing, education, safety, business, communication, park/greenway among others. It's nice to live in a community where we can have a voice and impact in the ongoing maintenance and development of our neighborhood and infrastructure. If you're interested in volunteering your time and/or service to our FRNNG, either email: frnng@frnng.org or call 721-5424. You may also visit us online at frnng.org or [facebook.com/frnng](https://www.facebook.com/frnng).

Summer Safety Tips—It's summertime, and our kids are getting out of school.

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Have a Safe and Pleasant Summer!

*Visit us online at
www.frnng.org*

FRNNG Meeting Information

Full Board

- 3rd Wednesday of each month at 6:30 pm, Lake Nokomis Presbyterian Church (LNPC), 17th Ave. and 46th St. The full board does not meet in July or Dec.

Business Committee

- 1st Tuesday of each month at 7 pm, LNPC

business@frnng.org

Community and Safety Committee:

- 4th Tuesday of each month at 7 pm, McRae Park Rec Center

communityandsafety@frnng.org

Housing Committee

- 1st Monday of each month at 6 pm, Sisters' Sludge, 46th St. and Bloomington Ave.

housing@frnng.org

Education Committee

- 1st Thursday of each month beginning in October, at 6:30 pm, LNPC

education@frnng.org

Parks Committee

- 1st Monday of each month at 7 pm, McRae Park Rec Center

parks@frnng.org

Greening Committee

- 2nd Tuesday of each month at 6:30 pm at Turtle Bread Restaurant, 48th and Chicago

greening@frnng.org

Communications Committee

- 2nd Wednesday of each month at 6:30 pm at Sovereign Grounds, 48th and Chicago

communications@frnng.org

Meeting times may change due to weather, holidays or personal reasons. Please confirm with the contacts listed above.

11th Ward Update



By Council Member John Quincy

Dear Field, Regina Northrop
Neighbors,

Thank you for the opportunity to update you about the happenings at City Hall and throughout the city. Below are items of note related to the recently concluded legislative session, declaring June LGBT Pride Month, McRae Park improvement plans, Hennepin County plans for resurfacing 46th Street and an update on the Gateway Project with MnDot.

Highlights From Legislative Session

Minneapolis benefited from the support and hard work of the Minneapolis Delegation of State Legislators and Governor Dayton this legislative session. The session was highlighted by Minneapolis securing \$21.5 Million of bonding that will leverage millions more in private investment from the business community for the revitalization of Nicollet Mall, that will translate into more jobs, better jobs and more vitality to the city, region and Minnesota.

Minneapolis secured significant state investment for a number of projects, as well as the passage of some key measures that are important to Minneapolitans and Minnesotans alike, including: • A \$9.50 minimum wage beginning in 2016; • a medical cannabis (marijuana) bill, which will begin providing medicine to qualifying patients in July of 2015; • nearly \$450 million in tax cuts state-wide, including a repeal of business-to-business taxes, as well as relief for income tax filers; • an increase in Local Government Aid for the city of roughly \$986,000 in 2015; • passage of The Women's Economic Security Act, which is aimed at closing the gender pay gap, offering protections for pregnant and nursing women, and ending sex discrimination; • a ban on

gun possession for persons convicted of domestic violence offenses; protections for renters who must break a lease early due to safety reasons; • the establishment of the Housing Opportunities Made Equitable Program and passage of The Safe and Supportive Schools Act, which is a policy to reduce bullying on school premises and online, with local control over program specifics to meet policy requirements.

GLBT Community/Pride Festival

I was pleased to author the City's Annual Resolution declaring June 2014 "Lesbian, Gay, Bisexual, and Transgender Pride Month" in the City of Minneapolis. The month long celebration is highlighted by the Twin Cities Pride Festival at Loring Park on June 28 - 29. The Pride Festival features each year over 400 exhibitors, 40 food and beverage booths, 20 sponsors and 300,000+ visitors participate in this free celebration of the GLBT community. The 2014 Ashley Rukes GLBT Pride Parade will be held on Sunday, June 29, beginning at 11 am along Hennepin Ave. in downtown Minneapolis.

McRae Park Improvements

The Park Board is planning major renovations to the athletic fields at McRae Park. The improvements are focused on the football field and the adjacent baseball fields on the north half of the park. They have hired a consultant to assist with the planning process, and will hold a series of public input meetings this summer, to gain community support and involvement in this important project, with construction to begin in spring of 2015. To be kept in the loop about upcoming meetings, sign up on through GovDelivery at www.minneapolisparcs.org/default.asp?PageID=1086

www.minneapolisparcs.org/default.asp?PageID=1086

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President's Letter... *from page 1*

Please remind your children while playing outside, to watch out for car traffic in our streets, and to look twice before crossing the street, especially with most streets filled with parallel parking. Also, when gardening in your yards, remember to lock your front and back doors as a safety precaution against potential burglaries! This goes for garage doors as well. Please have a safe and enjoyable summer this year, and make the most of every day.

Willie Bridges

11th Ward Update... *from page 2*

Resurfacing of 46th Street

Hennepin County is planning a resurfacing project for 46th Street from Lyndale to Cedar Avenue this summer! Though the county has final authority for this wonderful project, Council Member Elizabeth Glidden and I will be advocating for an authentic community input process that yields an improved roadway that best serves the community with consideration for enhancements for the safety of bicyclists and pedestrians alike.

Gateway Project Update

After considerable input from neighborhood residents and community leaders in Minneapolis and Richfield, MnDot has finalized the design and planning phases of the Gateway Project that will create artistic landscape elements that showcase the unique characteristics of the neighborhood connections along I-35W and Highway 62 at entry and crossing points in Minneapolis. The hardscape features of the project will be sent out for final costing and construction, and will be installed beginning late this summer.

I am always available to answer your questions at 673-2211. If you would like to receive e-mail updates to the Community Connections website, please send me an e-mail at:

John.Quincy@MinneapolisMN.gov or visit the website at:

www.MinneapolisMN.gov/ward11 to sign up.

Welcome New Board Members!

Thank you to everyone who was able to attend the FRNNG Board elections in April. Here is the new FRNNG Board for 2014. Visit www.frnng.org for more information about our Committees and how you can help out in our unique neighborhood.

New FRNNG Board

President: Willie Bridges
1st Vice President: Tom Powers
Treasurer: Shannon Guernsey
Secretary: Shelley Nystrom

Committee Chairs

Business: Karen Young
Communications: Chris Schommer
Community/Safety: Ben Elliott
Greening: Ted Moe
Housing: Nick Peterson

Neighborhood Representatives

Field: Barbara Harris
North Northrop: Matt Steele
South Northrop: Mike Lyon
Regina: Kori & Nate Stephans

Something for Everyone at New Fashion Store

As you've walked, biked, or driven through the intersection of 48th St. and Chicago Ave., have you noticed the adorned and ever-changing window displays at Primp- Cheap • Chic • Boutique? Those windows represent the definition of the word "primp" which is, "to dress or adorn with care." The garments and accessories sold at Primp allow women to do just that.

Store manager, Emily, explained that "there is something for everyone at Primp," with all prices under \$100—and most under \$50—from casual garments to cocktail dresses and wedding wear, blazers and blouses for work, plus T-shirts, tanks, and jeans. Gift cards are also available.

Each of Primp's five stores receives only six of each item, meaning everything is stocked in very low quantities. This practice offers women the ability to own one-of-a-kind pieces for not one-of-a-kind prices. And because

designers and manufacturers interpret sizes creatively, Emily invites women to come into the store regularly to try on the newest merchandise. Primp offers a small boutique feel (that's dog friendly), and stylists are always on hand to dress customers in the latest trends.

Before opening the store in March, the Primp team made significant renovations to the former sewing store/boutique/dental office. Fitting rooms were added, the back wall was tiled, and a new wall changes access to the basement that is now office space for their always-changing merchandise.

Named "Best Women's Clothing Store—2014" by City Pages, Primp intentionally selects corner space near other shops that are located in dynamic neighborhoods and has found those characteristics at the busy, sunny corner of 48th and Chicago. Stop in soon at 4755 Chicago Ave., or visit Primp online at www.primpyourself.com



MCWD Warns of New Aquatic Invasive Species (AIS)



STOP AQUATIC HITCHHIKERS!

Prevent the transport of nuisance species.
Clean all recreational equipment.
www.protectfourlakelakes.com

Keep an eye out for AIS

The Minnehaha Creek Watershed District (MCWD) is watching closely for any new aquatic invasive species (AIS) infestations this season, but we can't be everywhere at once. Help be our eyes on the ground!

Early detection of a new invasive species can allow for rapid response and increased awareness of AIS issues in a lake. In some cases, these actions can prevent a full-blown infestation.

This season MCWD staff will be monitoring highly-used lakes for signs for a variety of invasive species, including zebra mussels, spiny waterflea, and invasive snails. We will be snorkeling, kayaking, boating and walking shorelines. We will be testing water samples for signs of microscopic zebra mussels. We will continue to help fund inspectors at public boat launches and to educate residents on how to prevent the spread of these species.

Say hello if you see us at your lake, and keep your eyes peeled! If you see a suspicious plant or animal in a water body, please contact our AIS Specialist immediately at (952) 471-7873 or efieldseth@minnehahacreek.org. Learn more about various invasive species at:

www.minnehahacreek.org/AIS

Prevent the spread of AIS this season

There are endless ways to get out and enjoy the beautiful lakes and streams in your area this season.

Boating, paddling, fishing, swimming, and reading at the beach are all great ways to take advantage of the multitude of water bodies in the state.

Unfortunately, there are also many ways to spread invasive plants and animals that threaten the health of these water bodies. It's not just boaters who need to take precautions— aquatic invasive species (AIS) like zebra mussels or milfoil can travel via canoes, docks, and boat lifts. They can also spread when people dump a bait bucket or aquarium into a water body or storm drain.

Anyone bringing a boat, canoe, kayak, paddle board or other water-related equipment into a new body of water should thoroughly clean, drain, and dry it before entering and after leaving.

Those who hire a professional to remove their dock or boat lift should make sure the person or business is a certified Lake Service Provider from the MN DNR, which ensures they have received training on how to prevent the spread of AIS. Dump bait and aquarium plants and fish in a waste bin, not in a lake, stream or storm drain.

AIS can cause significant long-term damage to Minnesota's precious water bodies, and can keep us from enjoying them in ways we have in the past. Learn more about steps you can take to prevent the spread of AIS at:

www.minnehahacreek.org/AIS

Residential Organics Drop-Off Site to Open in South Minneapolis

The City of Minneapolis, in partnership with the Minneapolis Park and Recreation Board and the Hale Page Diamond Lake and Tangletown Neighborhoods, is proud to announce the opening of a residential organics drop-off site.

Pearl Park, located at 414 Diamond Lake Rd. E., has been selected as the drop-off location. The organics carts will be located in the parking lot. The drop-off is open to all Minneapolis residents on the following days and times:

Tuesdays, 4-7 pm

Thursdays, 4-7 pm

Saturdays, 9-12 pm

Organics include: All food scraps, most non-recyclable food-soiled paper, certified compostable plastics and more! Your organics must be contained in a certified compostable bag or in a paper bag prior to it being brought to the residential organics drop-off. Large paper items such as pizza boxes, wax-coated boxes and egg cartons do not need to be bagged.

You must receive training and sign up to participate in the residential organics drop-off. Volunteers at the site during hours of operation can provide the training required to participate in the program. If you have any questions following the training, please feel free to contact Solid Waste & Recycling at 673-2917 or visit www.minneapolismn.gov/solid-waste/organics for a detailed list of compostable items.

Improvements at McRae Park to Begin This Summer

This summer, the Minneapolis Park and Recreation Board (MPRB) will be starting the process for completing improvements to the athletic fields at McRae Park. The improvements are focused on the football field and the adjacent ball diamonds on the north half of the park. The fields get a lot of use in the warm months, including broomball in the

winter. Our goal is to improve the quality and safety of the playing surface, and connect people through parks and recreation.

The first public input meeting will be scheduled soon. To stay informed of the upcoming meetings and project progress, please sign up for GovDelivery

by going to the below website and entering in your email address:

www.minneapolisparcs.org/default.asp?PageID=1086

For contact information and general project information, please go to the project webpage below.

www.minneapolisparcs.org/default.asp?PageID=1469

Neighborhood of Raingardens Program Offered for FRN Property Owners

Raingardens are beautiful landscaping features that protect water quality and provide habitat for pollinators. They create native habitat and allow stormwater runoff to filter through the soil instead of flowing into storm drains and directly into our lakes and rivers. In 2014, the Field Regina Northrop Neighborhood Group (FRNNG) is partnering with Metro Blooms to educate property owners about the benefits of raingardens and help them install their own!

Up to 10 property owners in the neighborhoods will receive an onsite consultation and a raingarden design from Metro Blooms. The neighborhood group will provide the majority of the funding for consultations and designs, so the property owner will receive a raingarden design for only \$50.

Interested property owners can call Metro Blooms at **651-699-2426** to register for an onsite consultation with a landscape designer. Simply mention the Field Regina Northrop project when you call. The consultation includes identifying runoff conditions on your property, taking measurements, deter-



mining the appropriate size for your raingarden, and selecting plants.

You're urged to register as soon as possible as consultations will be scheduled on a first come, first served basis. The raingardens will be constructed by Metro Blooms and the Conservation Corps of Minnesota in July of 2014.

Project participants will be financially responsible for the plants, mulch, and soil dumping (if necessary), but FRNNG will cover the garden excavation and remaining costs. FRNNG's partners in this program, Metro Blooms and the

Conservation Corps of Minnesota, will excavate the raingardens and add the compost and mulch. Metro Blooms will order the plants, and property owners will be responsible for planting their raingarden.

Metro Blooms will also provide supplemental information and follow-up related to the maintenance of the new raingardens.

If you have any questions please contact Metro Blooms at:

laura@troblooms.org

Nokomis Farmers Market Opens June 25th!

Coming this summer from the organizers of the Kingfield & Fulton Farmers Markets – a chance to get your mid-week market fix! The new monthly, weekday Nokomis Farmers Market debuts on June 25th, with two additional dates to follow on July 23rd, and August 27th (4th Wednesdays of the month). Find us at 52nd & Chicago from 4 – 8 pm for a chance to re-stock your fridge, meet up with neighbors and friends, and take a break from the work week. You'll find familiar vendors and products from the Saturday



and SundayFulton and Kingfield Farmers Markets, plus some new additions. Grab dinner and stock up on produce, cheeses, breads, grains, and canned goods, all while enjoying summer at its peak! June kicks off with green beans, beets, broccoli, potatoes, leafy greens, kohlrabi, and likely strawberries! Food trucks The Moral Omnivore, Foxy Falafel, and newcomer Dumpling will be serving up dinner and evening snacks. Mark your calendars, and we'll see you there!

Contribute to *Close to Home*

Close to Home is a volunteer effort put together by the Field Regina Northrop Neighborhood Group, and we need your help to improve our services. Please consider submitting an article, artwork, or getting involved in FRNNG and your community. Contact our new Communications Chair, Chris Schommer at communications@frnng.org with articles or to see how you might help improve neighborhood communication and connectivity. Writers, editors, artists, designers, and web developers are needed. *Close to Home* reaches over 4000 mailboxes in your neighborhood six times a year, and we hope to expand our web publishing presence this year.

Thanks to our Supporters!

Close to Home would like to thank the following individuals, local businesses and organizations in our community for their generous financial contributions to the production and mailing of this newsletter. Now we are asking you to support not only this publication, but also all of our other activities. Anything that you can give will be very much appreciated and put to good use. Also, since we are a "501(c)3" organization, any donations are deductible to the full extent of the law. If you would like more information on how your organization or business can become a supporter, please call the FRNNG office at 721-5424. **We also encourage residents to support our local businesses so that they can continue to be a strong and vital sector of our community.**

Under \$100

Southside Chiropractic, P.A.

55th and Chicago, 827-0657

Pathfinder Care Management

48th and Chicago, 729-9096

Partner Level- \$100-\$199

Minnehaha Animal Hospital

48th and Chicago, 825-4427

T.A.'s Automotive, Inc.

42nd and Bloomington, 823-7100

Seven Tips for a Healthy Summer With Your Pets

*By Dr. Kevin Thorsgaard,
Minnehaha Animal Hospital*

I'm not sure if our pets look forward to summer as much as we do, but most really enjoy spending time doing fun things with us outside. There are many things you can do to make sure all goes well on your adventures together.

1. Plan Ahead

Make sure to bring everything you may need when you're away from home. Leashes, water and dish, favorite toys for the car or when you're doing things they aren't involved in, basic first aid supplies.

2. Make it Fun

Some of the events we enjoy aren't that great from their point of view.

Fireworks, loud concerts, and sporting events with clapping and cheering are overwhelming for pets.

3. Summer School

There are many training facilities where pets can improve their social skills, and get help with fears and insecurities, so being out and about can be fun for all. Get the whole family involved with learning how to communicate with pets.

4. Don't Overdo it

We see many cases of dogs being injured when they try to keep up with us. Running, biking, rollerblading, and swimming all need to be done in moderation. Start gradually, and watch closely for clues they are tiring.

5. Keep the Vaccines up

Most vaccines we give pets that spend time outside need to be given every year. Protection against Lyme disease, Leptospirosis, and Leukemia for cats is a good idea.

6. Prevent Parasite Problems

There are great products available to protect them from heartworm disease, fleas and ticks.

7. Share Your Time, not Your Food

Try to avoid "people food", fast food, leaving food out on picnic tables that pets can reach. Bring bags of their own food to avoid upset stomachs.

Now, get out there and enjoy the nice weather before winter comes roaring back.

Southside Sprint Bike Race Returns For Fourth Year- Popular South Minneapolis Race Returns July 20th

The 2014 Southside Sprint celebrates its fourth running through the streets of south Minneapolis Sunday, July 20. The Southside Sprint, the largest amateur bike race in MN, races through the neighborhood around 48th St. & Chicago Ave.

The Southside Sprint criterium on July 20 will include 9 individual race categories, the popular Petey's Cup Kids

continued on next page



McRae Park
906 East 47th Street

The complete summer schedule is available at McRae Park or online at the address above. You can register for programs at the address listed. Contact the park for more information.

**www.
minneapolisparcs.org**
370-4909 (voice)

Anne Kegley, Director
akegley@minneapolisparcs.org

Southside Sprint... from page 6

Fun Race and the Twin Six Family Fun Zone. Racing starts at 8 am and continues until 4 pm. A beginners' clinic at 7 am will give new riders the chance to learn to race before starting the Bikes & Pieces Beginners Race.

One of most popular spectator events in South Minneapolis, the 2013 Southside Sprint was the largest amateur road bicycle race in Minnesota for the second consecutive year. More than 250 racers will showcase the speed and skill of Minnesota bike racing in front of 500+ spectators in the 2014 race.

More information about the Southside Sprint is available at www.southsidesprint.com

FRN Resident Authors Sequel to Earlier Book

Nick Hupton, of 4244 12th Ave., will have his third Young Adult novel, *Stone Ridge*, published by North Star Press, Inc. this September. The book is the sequel to last summer's *The Ridge*. Come on out to Magers and Quinn Booksellers in Uptown for the release party on Friday, September 5th at 7 pm or see www.nickhupton.com for further details.

**Check www.frnng.org
for new updates about our
neighborhood!**

Find Us on Facebook...



and Follow Us on Twitter

Support the Field Regina Northrop Neighborhood Group

Help keep FRNNG working for you by sending in a donation of \$15 or more. Combined with the business and church donations, your gift supports *Close to Home* and other activities of the organization. Please keep them coming! FRNNG is a 501.3c organization and all gifts are tax deductible to the full extent of the law.

FRNNG

VOLUNTARY DONATION

\$15 \$25 \$50 Other

Name _____

Address _____

Minneapolis, MN Zip _____

Make your check payable to FRNNG, Inc. and mail this form and your check to:

FRNNG, Inc. 1620 E. 46th St. Mpls, MN 55407

The Field Regina Northrop Neighborhood Group Newsletter

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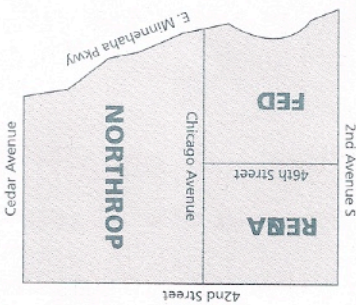
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Useful Phone Numbers
 8th Ward Council Elizabeth Glidden 673-2208
 11th Ward Council John Quincy 673-2211
 Sue Roethle CC/SAFE 673-2839
 Housing Inspector 673-5858
 Senior Helpline 729-5499
 McRae Park 370-4909
 Airport Noise Complaints 726-9411

**The Field Regina
 Northrop Neighborhood Group, Inc.**
Established in 1965
 1620 East 46th Street
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 Fax: 721-4539
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 Program Assistant: Sheryl Schwyhart

2014-2015 FRNNG Board
**Executive Committee Officers*
 President: Willie Bridges
 1st V.P.: Tom Powers
 Treasurer: Shannon Guernsey
 Secretary: Shelley Nystrom
 *Field Neighborhood Rep: Barbara Harris
 *Regina Neighborhood Rep: Kori/Nate Stephens
 *Northrop No. Neighborhood Rep: Matt Steele
 *Northrop So. Neighborhood Rep: Mike Lyon
 Business: Karen Young
 Communications: Chris Schommer
 Community and Safety: Ben Elliott
 Education: Gerry Sell
 Greening: Ted Moe
 Housing: Nick Peterson
 Parks: Eric Rehm
 Programs: open

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 Councilmember John Quincy,
 Chris Schommer, Dr. Kevin Thorsgaard
 Articles, photos, and announcements of interest to the FRN Community are welcome.
 Call 721-5424 or Fax 721-4539
 E-mail: frnng@frnng.org
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